

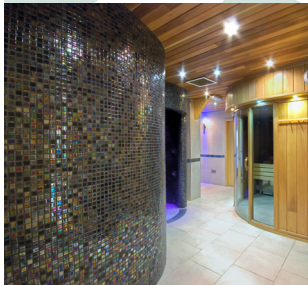
# Spa Days at THE Beauty Rooms

ENJOY A RELAXING SPA DAY, BEAUTY  
TREATMENT AND AFTERNOON TEA.

FROM **£25** PER PERSON

## TREAT YOURSELF TO:

- Complimentary tea and coffee on arrival.
- Complimentary use of bathrobes and slippers.
- A relaxing spa experience with complimentary use of the swimming pool, sauna, steam room and Jacuzzi.
- Add a 25 minute beauty treatment\* for an additional £20. Choose from a mini facial, back massage or shape and polish (hands or feet).
- A delicious afternoon tea (add Prosecco for £5) at the Foresters bar & restaurant.
- Add a gym session or an exercise class for an additional £5.



\* Alternative beauty treatments can be booked for an additional charge and are subject to availability.

**THE RELAXING SPA DAY IS LOCATED WITHIN THE  
STUNNING SURROUNDINGS OF LANDAL DARWIN FOREST.**

**AVAILABLE MONDAY TO FRIDAY (WITH BEAUTY  
TREATMENT) OR SATURDAY WITHOUT.**

**BOOKING ESSENTIAL.**

TO MAKE A BOOKING PLEASE TELEPHONE:

**01629 736222**

[WWW.EVOLUTIONHF.CO.UK](http://WWW.EVOLUTIONHF.CO.UK)

**THE BEAUTY ROOMS**

EVOLUTION HEALTH & FITNESS,  
LANDAL DARWIN FOREST,  
DARLEY MOOR, TWO DALES,  
MATLOCK DE4 5PL

