Off-Peak Pool Timetable

The timetable is subject to change at short notice.

evolution HEALTH & FITNESS

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
06:45*-10:00						*Pool Opens at 08:00	*Pool Opens at 08:00
10:00-11.00						Splash Hour 10.00 - 11.00 **(Lanes closed)**	
11.00-12:00	Aqua Class 11.15 – 11.55 **(Pool Closed)**				Aqua Class 11.15 – 11.55 **(Pool Closed)**		
12:00-13:00		Activities **(Lanes may be closed)**	Activities **(Lanes may be closed)**	Activities **12:30 - 13:00 (Lanes may be closed)**		Activities **(Lanes may be closed)**	Activities **(Lanes may be closed)**
13:00-15:00							
15.00-16.00							Splash hour 15:00-16:00 **(Lanes closed)**
16:00-19:00	Swimming Lessons **(Lane Closed)**		Swimming Lessons **(Lane Closed)**	Swimming Lessons **(Lane Closed)**		Activities **Lanes may be closed 17:00-18:00**	
19:00-21:00*	*Pool Closes at 20.45	*Pool Closes at 20.45	*Pool Closes at 20.45	*Pool Closes at 20.45	*Pool Closes at 20.45	*Pool Closes at 19.45	*Pool Closes at 19.45

Evolution Health & Fitness
Darwin Forest, Darley Moor, Two Dales, Matlock, DE4 5PL

Tel: 01629 736222 | Email: evolution@pinelodgeholidays.co.uk
www.evolutionhf.co.uk